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BY LIZ OSBORN © HORSESCIENCENEWS.COM

How much weight can a horse carry?

While most healthy horses can easily carry a rider and saddle, they do have their limits.

Now researchers have identified a threshold for when a rider is too heavy for a horse to comfortably carry. The scientists base their findings on detailed measurements taken of eight horses that were ridden while packing anywhere from 15 to 30% of their body weight.

The horses ranged in size from 400 to 625 kilograms (885 to 1375 pounds). When carrying 15% and 20% of their body weight, the horses showed relatively little indication of stress. It's when they were packing weights of 25% that physical signs changed markedly, and these became accentuated under 30% loads.

The horses had noticeably faster breathing and higher heart rates when carrying tack and rider amounting to 25% or more of their body weight. A day after trotting and cantering with the heftier weights, the horses' muscles showed substantially

greater soreness and tightness. Those horses that were least sore from the exercise had wider loins, the part of a horse's back located between their last rib and croup.

Based on these results, the study's authors recommend that horses not be loaded with greater than 20% of their body weight. A 545-kilogram (1200 pound) horse then would be

best off carrying no more than 109 kg (240 lbs) of tack and rider.

Interestingly, this research from the Ohio State University Agricultural Technical Institute has concluded with the same weight guideline

that the US Calvary Manuals of Horse Management published in 1920.

Reference: Debra M. Powell, Karen Bennett-Wimbush, Amy Peeples and Maria Duthie. 2008.

Evaluation of Indicators of Weight-Carrying Ability of Light Riding Horses.

Journal of Equine Veterinary Science. 28(1): 28-33. ■



Welcome

At last spring seems to have arrived ... and we are ready for it! Preparation for horse shows, trail rides and competitions will now shift into high gear. Yes, it is time to get out and "play" with the horses.

As we venture out to "play" I encourage each one of you to share your horse experience with your friends, neighbors, family and workplace associates. Invite them out to watch your horse activities, to come out and feel the sense of community, show them that involvement in horses is an amazing recreational experience, one the whole family can enjoy. Let them hear the stories, be around the animals and get a sense of the possibilities to be with horses.

Attracting new people to the world of horses is not solely the responsibility of our clubs and associations. We must all take a lead in introducing new people to this wonderful lifestyle. We must be honest and ethical when we take on a role as mentor and guide people in taking the right steps in their journey, possibly some lessons or maybe even leasing or buying their first horse. By not being critical or speaking poorly of others in the horse world demonstrates a friendly and attractive lifestyle and community to belong to.

Coming soon to our website is a stable and barn listings. It will become a great resource tool. Each stable that offers riding lessons will be "flagged" with a "LTR" symbol (Learn to Ride).

Remember, to grow our horse industry is a responsibility we all must embrace. It is amazing ... what can happen when we all work together ... jump into the saddle and encourage others to come and "play." ■

Gary Millar
President & CEO



Calendar

SAHA "Mother's Day" Show

Saturday, May 11, 2013.
Fultonvale Arena / Strathcona
Olympiette Centre
Range Road 224 & Township Road
520.
Sherwood Park, AB.
For prize lists, entry forms and
complete information access
the event website at [http://
www.showsecretary.ca/details.
php?uid=64](http://www.showsecretary.ca/details.php?uid=64)

Parkland Spring Shows 1 & 2

Friday, May 17, Saturday, May 18,
Sunday, May 19, and Monday,
May 20, 2013.
Red Deer, AB.

For prize lists, entry forms and
complete information access
the event website at [http://www.
saha.ab.ca](http://www.saha.ab.ca)

Rescue 100 Foundation Horse Show

Rescue 100 All Breeds Charity Horse
Show in conjunction with the Ful-
tonvale Horse Showcase.
Saturday, May 25, 2013.

If you have any questions about the
classe, please contact Ashley Fyfe-
Brown at asfb10@hotmail.com or
rescue100.ca

Aurora Summer Show

Friday, June 7, Saturday, June 8,
and Sunday, June 9, 2013.
Nisku, AB.

For prize lists, entry forms
and complete information
access their website at [www.
auroraarabian.com](http://www.auroraarabian.com)

REGION 17 CHAMPIONSHIP SHOW

Tuesday, July 23 to
Saturday, July 27, 2013.
Langley, BC.

For prize lists, entry forms and
complete information access
their website at [www.region17.
com](http://www.region17.com)

Tell us about your event, e-mail
[info@discoverarabianhorses.
com](mailto:info@discoverarabianhorses.com) ■

COURTESY OF SHANE JONES @ SHERWOODPARKNEWS.COM

Not horsing around.

Strathcona County's national reputation as a horse haven has been further enhanced. Equestrian Lorraine Prowse recently got the news that her purebred Arabian gelding Sur Teddy's Magna (Teddy) was named Equine Canada's Arabian Horse of the Year after an incredible season on the North American circuit in 2012.

The 28-year-old Bev Facey grad started her resplendent ride to the top of the Canadian charts at the Arabian Canadian National event in Brandon, Man. in August. Prowse and Teddy brought home five championships, three reserve championships and five Top 10 awards from the event.

She then went on to compete in the Arabian U.S. Sport Horse Nationals held in Nampa, Idaho, where she was equally as impressive, returning with five championships, one reserve championship and four Top 10 awards.

The total take on the 2012 season was nine national championships, three reserve national championships, six national Top 10s, nine regional championships, four regional reserve championships and six regional Top Fives.

Prowse, who got her first horse in 1997, was thrilled to have the Horse of the Year award to top it all off. "It was an absolutely amazing season," she said. "It was a once-in-a-lifetime kind of thing. I would be surprised if it happened again. I've been riding Teddy for 13 years and have done all his training so we have a really good connection. We understand each other pretty well. I can kind of tell if he is going to do something and he knows what I want. "It all just came together. Winning the horse of the year was the icing on the top of the cake for a fantastic year."

Sur Teddy's Magna also came second on the (International) Arabian Horse Association High Point Horse list, the highest placing Canadian owned Arabian or Half Arabian horse. Only one other Canadian horse made the international Top 10 list — a B.C. bred horse that came in 10th.

Prowse also finished at the top of the (International) Arabian Horse Association High Point Adult Amateur Rider list. The majority of horses are owned and ridden by Americans, however Prowse was more than 200 points clear of her nearest competitor from Georgia. Adding to her standings

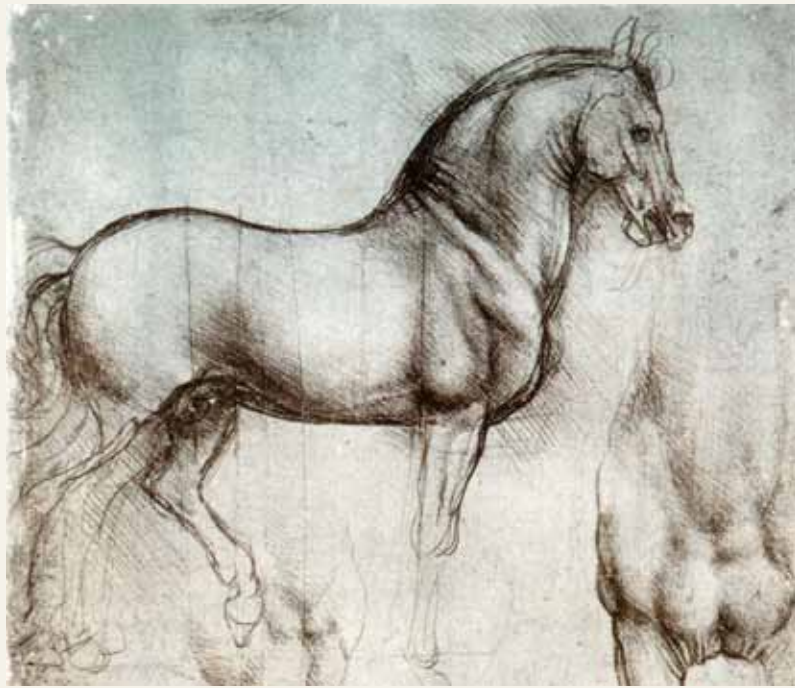
were some strong results with other horses in addition to Teddy, as she also competed with Jayded Moon, DA Missy Elliot and Foot-loose II. Her efforts with those horses helped net her an additional national

championship, two national Top 10s, three regional championships, two reserve regional championships and a regional Top Five to her incredible year.

"I don't know how I can do much better than this unless I go into some all-breed shows like you would see at Spruce Meadows," she said. "I have competed in that in the past, but I don't have a horse currently at that level to do the kind of jumping they do at that. This is about as high as I can go with the Arabian horses. I really enjoy riding Arabian horses. Unless I end up with one that was a phenomenal jumper, I think I'll stay on this circuit."

Prowse wasn't alone on the Adult Amateur Rider list for 2012 as fellow Sherwood Park rider Colleen McKenzie finished in a tie for sixth on the international list. It isn't the first time that Prowse has been recognized for her supremacy in the saddle, as she was also a recipient of the Pride of Strathcona award for her performance in 2011, a season in which she earned seven national titles. ■





Leo

Leonardo da Vinci seemed to have been a big fan of horses, and even his rough sketches possess an almost magical life-like quality, both in their detail and in their perspective.

Although ultimately known for his portrait painting ability, it seems he was able to capture his subjects regardless of what type of animal they were. I actually appreciate some of these informal sketches more than his popular pieces. They give us a glimpse into his character, simply because he enjoyed the challenge of drawing horses and found them subjects worthy of his doodles.

Now we know what the Mona Lisa was smiling at, there must have been a horse in front of her. ■

HIS HORSE

Leonardo da Vinci

Leonardo's horse is a sculpture which was originally commissioned in 1482 by Duke of Milan Ludovico il Moro, but not completed.

It was intended to be the largest equestrian statue in the world, a monument to the Duke's father Francesco. Leonardo did extensive preparatory work for it, but produced only a clay model, which was destroyed by French soldiers when they invaded Milan in 1499, interrupting the project. About five centuries later, Leonardo's surviving design materials were used as the basis for sculptures intended to bring the project to fruition.

In 1977, Charles Dent began work to complete the unfinished sculpture in Allentown, Pennsylvania. His efforts to set up an organization to finance the project proved a difficult task that required more than 15 years. The projected cost of the horse came to nearly US\$2.5 million. Dent died of Lou

Gehrig's disease in 1994, leaving his private art collection to LDVHI (Leonardo da Vinci's Horse, Inc.), the sale of which brought more than \$1 million to the fund. In 1988, LDVHI enlisted sculptor/painter Garth Herrick to begin part-time work on the horse.

By 1997, Tallix Art Foundry, in Beacon, New York, the company contracted by LDVHI to cast the horse, had suggested bringing Nina Akamu, an experienced animal sculptor, on board to improve upon the Dent-Herrick horse. After several months, Akamu determined that the original model could not be salvaged and concluded that a completely new sculpture needed to be executed.

Leonardo had made numerous small sketches of horses to help illustrate his notes about the complex procedures for molding and casting the sculpture. But his notes were far from

systematic, and none of the sketches points to the final position of the horse, with no single definitive drawing of the statue. Akamu researched multiple information sources to gain insight into the original sculptor's intentions. She studied both Leonardo's notes and drawings of the horse and those of other projects he was working on. She reviewed his thoughts on anatomy, painting, sculpture and natural phenomena. Her research expanded to include the teachers who had influenced Leonardo.

Two full-size casts were made or Akamu's 24-foot (7.3 meter) design. One was placed at the Hippodrome de San Siro in Milan. The other is at the Frederik Meijer Gardens & Sculpture Park, a botanical garden and sculpture park in Grand Rapids, Michigan, paid for by billionaire Frederik Meijer. ■



All hail the FARRIER

Last edition I wrote about the relationship horse owners should have with their vet. This edition I would like to address another incredibly important part of your horse's health team, the farrier.

and hold horses and work with their horses to be comfortable in having their feet lifted and moved. Believe it or not, it's not the farrier's job to train your horse to lift his feet. It's something every "halter trained" horse

I'm sure you've heard the saying "No hoof, no horse" and it couldn't be more true. Horses depend on their hooves to be in good condition and balanced, not just to carry them, but to carry their rider too.



should be able to do quietly and comfortably. Of course horses have their own individual minds and all good horse people understand that they will have "off days"

just like the rest of us, but keeping your farrier's safety paramount in your mind while correcting behaviors is surely appreciated.

The biggest gripe from farriers (and the fact that this exact point came from each and every farrier I spoke with alarms me) is when they show up for an appointment and there are some halters on a fence and owners

can't be bothered to catch and hold their own animals. Growing up, my coaches would have strung me up if I'd had the audacity to treat an equine professional with that kind of disregard. And I'm

grateful for that lesson.

My farrier gets baked snacks, meals, bills paid promptly and my utmost appreciation. In return, when I have an emergency, I'm sure that my farrier will be there to help me and my horses, even when it causes them inconvenience.

If you don't have that kind of security with your farrier, perhaps you may want to examine why. ■



At my place, we usually have about 16 horses on the property. Some boarders, some we own, some in between. We schedule our farrier a month in advance and have him out every month to do half of the horses. We catch and hold each and every one (yes, even in -30) and make sure to serve lunch and coffee as well. I have had situations

where horses have developed deep/long cracks in their hooves the week before they're to be sent for training (due to ground/weather conditions) that require shoes and my

farrier, the darling that he is, has come out after trimming 12 draft horses, an hour and a half in the opposite direction from my place, and put shoes on for me. I can't tell you how much I appreciate that and I can bet you that he knows how much we appreciate him.

Once again a reminder, your horse is your own responsibility. His health, nutrition, physical and mental well being are all your responsibility as his owner. In talking with a few farriers about what they really appreciate in good clients, and what their pet peeves are, a definite pattern was quick to develop:

They appreciate owners who catch

.....
"Once again a reminder, your horse is your own responsibility. His health, nutrition, physical and mental well being are all your responsibility as his owner."

—Amanda Preston



Discover Arabian Horses is increasing its exposure to the outside world.

Facebook Pages differ from Facebook Groups and Facebook personal profile pages in several respects and we would like to lay out our reasons for creating the Page.

- Page information and posts are available to everyone on Facebook. This makes our events, postings, and pictures available to anyone on Facebook.
- Anyone can like a Page to become connected with it and get News Feed updates. Some find this to be a far more convenient way to stay up to date.
- Groups are basically chat rooms, there's no real "look and feel" to them. Their primary focus is for live discussions that can be continued at any time.
- Pages, however, act more like a blog with actual content pieces and the ability to add new tabs, static information, and the like. A Page is definitely a more interesting place to be.
- When it comes to getting visibility off of Facebook: Pages can be seen by non-Facebook users, and can be crawled by search engines as any other static page would. Facebook Groups cannot!
- Finally, Pages come with analytical tools that administrators use to track visits. These tools help us analyze if we are getting our message 'out there.'

We need your help! There are more than 1400 individuals within our database. The next time you are on Facebook, please visit and like our page. Find the link below or on our website. <https://www.facebook.com/pages/Discover-Arabian-Horsescom/626982870651572> ■



My Diary

Hi, my name is Linda. I was born in Germany and all I've ever wanted was a pair of cowgirl boots, guitar and a horse. So far I have the first two but alas, am still missing the horse.

I started reading everything I could about horses and their care when I was just little. Luckily my parents fed my interest and I became more serious about getting into the sport. I met more and more horse people whom I peppered with questions and then I found Kijiji and my favorite bookmarked horse websites.

After a couple of years of researching, drawing horses, acting horsey, and generally finding ways to annoy my parents with my equine passion, I found the perfect place to ride and my parents agreed. Venture Arabians!

Gary Millar my instructor, cemented why I was there. He has the same horse philosophy that I do. I admire the way he understands the horse mind, is able to read their behavior and the respect he shows for the animal and the rider.

I want to live a life with horses – training, riding, rehabilitating and just being with them. Thanks to Gary and Venture Arabians, I'm off to an excellent beginning.

Check out my diary on the our website at <http://www.discoverarabianhorses.com/index-1-1.html> ■

AUTHOR UNKNOWN

A Horse's Prayer

Feed me, water and care for me, and when the days work is done, provide me with shelter, a clean dry bed and a stall wide enough for me to lie down in comfort.

Always be kind to me. Talk to me. Your voice often means as much to me as the reins. Pet me sometimes, that I may serve you the more gladly and learn to love you.

Do not jerk the reins, and do not whip me when going uphill. Never strike, beat or kick me when I do not understand what you want, but give me a chance to understand you.

Watch me; and if I fail to do your bidding, see if something is wrong with my harness or feet.

I cannot tell you when I am thirsty so give me clean, cool water often. I cannot tell you in words when I am sick, so watch me, that by signs you may know my condition.

Give me all possible shelter from the hot sun, and put a blanket on me, not when I am working, but when standing in the cold. Never put a frosty bit in my mouth; first warm it by holding it a moment in your hands.

I try to carry you and your burdens without a murmur, and wait patiently for you long hours of the day or night. Without the power to choose my shoes or path, I sometimes fall on the hard pavements which I have often prayed might be of such a nature

as to give me a safe and sure footing.

Remember that I must be ready at any moment to lose my life in your service.

And finally, O Master, when my useful strength is gone, do not turn me out to starve or freeze, or sell me to

some cruel owner to be slowly tortured or starved to death; but do thou, my Master, take my life in the kindest way. And your God will reward you here and hereafter. You will not consider me irreverent if I ask this in the name

of HIM, who was born in a stable.

Amen. ■



20 Questions about your life with Arabian horses.

Adult Truths

1. Sometimes I'll look down at my watch 3 consecutive times; and still not know what time it is.
2. Nothing sucks more than that moment during an argument when you realize you're wrong.
3. I totally take back all those times I didn't want to nap when I was younger.
4. There is great need for a sarcasm font.
5. How in the world are you supposed to fold a fitted sheet?
6. Was learning cursive really necessary?
7. Map Quest really needs to start their directions on # 5. I'm pretty sure I know how to get out of my neighborhood.
8. Obituaries would be a lot more interesting if they told you how the person died.
9. I can't remember the last time I wasn't at least kind-of tired.
10. Bad decisions make good stories.
11. You never know when it will strike, but there comes a moment at work when you know that you just aren't going to do anything productive for the rest of the day.
12. Can we all just agree to ignore whatever comes after Blu-Ray? I don't want to have to restart my collection... again.
13. I'm always slightly terrified when I exit out of a Word document and it asks me if I want to save any changes to my ten-page technical report that I swear I did not make any changes to.
14. I keep some people's phone numbers in my phone just so I know not to answer when they call.
15. I think the freezer deserves a light as well.

[CONTINUED ON PAGE 10]

1 What is your current involvement with Arabian horses?

Currently I am a Regional National judge, and have had the privilege of adjudicating The Canadian Nationals, Youth National, US Nationals and recently judged the Australian National show, and numerous other shows in USA and Canada. I served on the Arabian Horse Association BOD 2007-2011 and was chair of the Competition Advisory Board, which is the committee that sets the rules, and insures that the rules are complied with. I am also on the Arabian Foundation Committee, which assists with Scholarships, Research, and Homing. And I am the Vice Chair of the Equine Stress Committee, dealing with controlling the stress on our horses, both in and out of the Show ring.

I am the Equine Canada Chair of the Breed Sport Committee, and Saddle Seat Committees. I also assist with the EC Arabian Rules committee

I owned and trained Arabians professionally at Weststar International, for over 25 years.

2 How many years have you been around horses?

I was the kid that skipped school in grade 2 and went to explore the local stable. So a really long time!!

3 They say, "the Arabian horse finds you". How did the Arabian horse find you?

Well after hanging around the local stable for many years, exchanging stall cleaning for lessons, we joined the local Pony Club. The pony club is an excellent venue and I found many friends, 2 and 4 legged, and I can say that I still stay in contact with several of them after all these years. This led me to riding Hunters and Jumpers, and I traveled all over Canada competing at some of the largest competitions. Unfortunately there was no young riders or other venues for me to continue riding when I com-

pleted High School. So I took a Operating Room Technician Course. This was a very exciting but stressful job, and I did not have the time or energy to continue with my riding. A few years later, a good friend of mine asked me to come ride a horse he had! When I was told it was an Arabian I was reluctant, as at that time Arabians had a very bad reputation!! Well for me that was the beginning of the end! After that I did not want to ride any other types of horses.

4 Who is or has been your favorite horse companion?

Wow that is tough as I have had so many wonderful horses! There was Nobler+ my first Anglo that I thought at the time was the smartest horse I had ever been around. JA Magnificat++ was a Bask son that was not only a wonderfully horse, but as a Stallion, helped our Business in so many ways. CT Break-out was a fabulous horse, that won so many Championships in Park English Pleasure and Native Costume. Mystic Music was another fantastic Park horse, (we never told her she was under 14.2 HH). She competed with all the big boys and beat them all! And so many more!

5 Who has been your (horse) mentor?

Again another tough question, there have been so many! I love to talk to so many knowledgeable people, and learn from them all. Everyone is willing to talk to you and share their knowledge!

6 What is your favorite horse book?

Of course the Black Stallion!!

7 What is your favorite horse movie?

There are so many but loved Secretariat!

8 What are some 'Arabian horse activities' in which you participate?

I am very active in the Arabian Industry. I am the President of the BC Arabian

New Mentor ...

Joanne Pavlis has a solid background in horse care and training. She has over 18 years of equine experience in developing and schooling horses of all breeds, ages and sizes. She believes in continually improving and building on her expertise by participating in education clinics and courses. Her formal training began with hunter/jumpers and equitation, but her passion has become distance and Arabian horses.

Joanne rides and trains English, Western and Trail. She believes in not limiting the variety of athletic ability and conditioning of any equine companion providing a solid balance in their work routine. As a certified equine vet technician, she also has an in-depth understand of the medical necessities and best practices for rehabbing horses.

Her focus, stronger now in 2012 than ever before, is to take horses into their new careers, whether it be the rehab and training of a rescue horse, or the show horse that needs to be retired, or even the racehorse that needs to move on to Endurance, the show ring, or pleasure riding. The passion Joanne seeks with every new prospect presented to her, is to allow the horse to present their passion and talent for their next career path.

Please feel free to contact her directly at Jo@milemakers.com. Joanne resides in Larkspur, Colorado and is very excited to be apart of Discover Arabian Horses.com ■



Horse Association, and Secretary of the Region 17 AHA. I am on the AHA Foundation BOD and EC Chair of Breed sport, Saddle Seat and EC Arabian Rules committees. I also show horses, my daughter and clients show horses, and I give several riding clinics every year.

9 What would be your most memorable experience or moment with an Arabian horse?

Again there are so many to choose from! One day when I was training horses in the indoor arena my daughter then about 5? Came down to the barn and her favorite horse Naughty, a 24 year old Arabian, was laying in his paddock. She went in to visit him, and decided to climb on him while he was down. He was fine with this till she decided this was a little boring and decided to get him up! So started kicking him with her little legs, so reluctantly he got up very gingerly and stood like a statue, with her now screaming, and scared! I jumped off the horse I was on and ran to her rescue, with Naughty standing like a statue, not moving a hair. Arabians are wonderful baby sitters!!

10 What has been your greatest achievement with your Arabian

horse(s) so far?

I have had so many accomplishments with Arabians and they have made my life so full and rewarding. They have taken me to places I may never have visited, with judging assignments all over North America, Australia, South Africa, & China. The Arabian Horses have also been instrumental in raising my children. My Daughter is now very involved with the Youth AHYA BOD and has had the opportunity to travel all over North America, and meet so many friends, and build lifelong relationships. She also has run meetings and fundraising campaigns that have helped support Scholarships, youth tournaments, and other Youth Activities for the youth members in Western Canada.



11 Which horse do you consider to be your "dream" horse, either

past or present?

I love the Bask and Huckleberry Bey Horses, they have had so much influence on the Arabian Industry, with beauty and athleticism!

12 Horses are amazing teachers. What has your horse taught you that has helped you become a better person?

Horses are fantastic teachers! I guess the story that comes to mind is when I first started training at 22 and obviously I knew everything!! I had a horse that I had ridden in the am, he was great, of course, I was his trainer! I got a call from the stable that they thought he had broken his leg. Frantic I rushed back to the stable to find the horse could not put weight on the hind foot. The vet requested I bring him to the race track where his office was. Upon arrival, and while un-

[CONTINUED ON PAGE 10]

Editor Message

At Discover Arabian Horses.com we are always excited to bring you this vital line of communication.

The newsletter is published in November, January, March, May, July, and September and will continue to be sent to you by e-mail blasts. It will also be posted on the DAH website with a link on Facebook.

The newsletter will cover many topics:

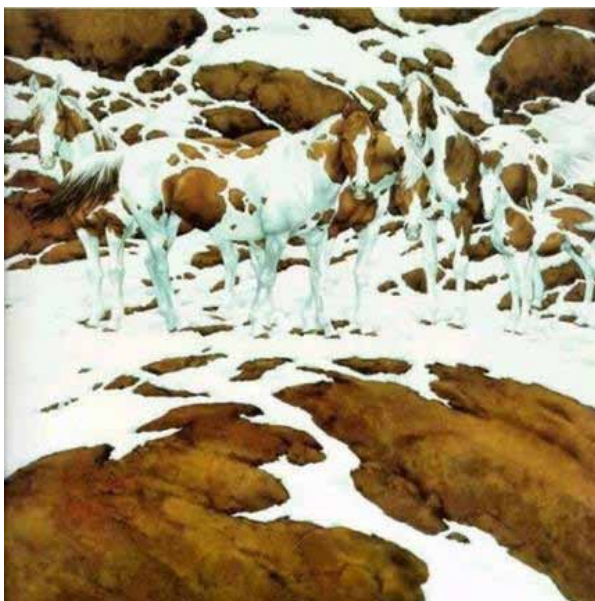
- We will feature, *The Arabian Horse in History*, where the generally ignored role of specific horses in history will be presented.
- Will also have a spotlight section where we present information on a specific Arabian horse owner, trainer, barn, program, or event in our industry. What a great opportunity to get to know our fellow horsemen and horse lovers.
- "Activities" puzzles, games for the young and the older ... just play.
- Check out our articles, stories and classifieds.
- 20 Questions ... about your life with Arabian Horse ... with.
- The team is more than willing to work with other horse associations regardless of breed type or discipline to assist them in getting their message out.

Tell us what you would like to see added or if you would like to be added to our e-mail listing, please e-mail:

info@discoverarabianhorses.com ■

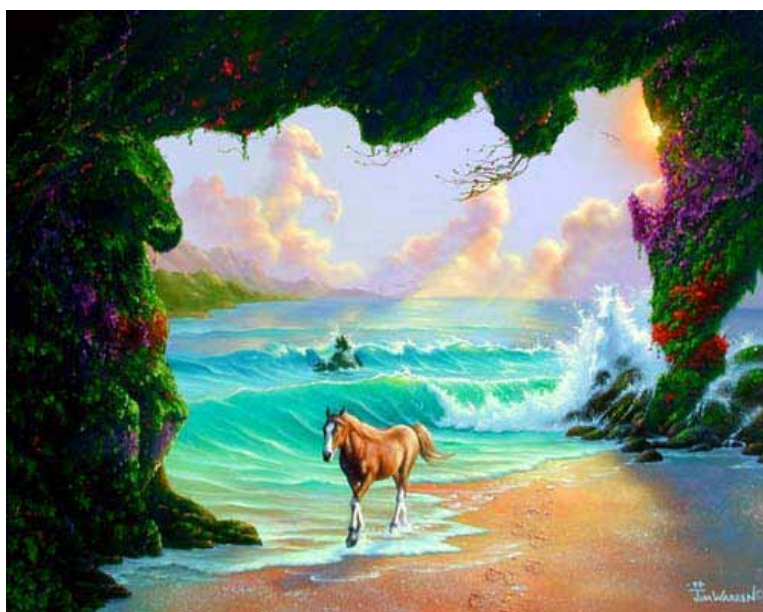
FUN AND GAMES

How many horses?



How many horses can you find in this classic piece of art? I'm not sure what's the name of this artist, but the image is great! Much fun.

How many horses can you count in this image below? It's obvious there is one in the middle, but if you observe and pay attention you will find a few more! ■



Food for Thought

Each of the food words below is part of a bigger horse-related word or term. See if you can add the right letters to spell the new words using the accompanying clues. ■

__ pizza __ (a breed of horses)

strawberry _____ (describes a horse's coat)

_ apple _____ (describes a horse's coat)

egg - _____ (this is attached to a horse's hoof)

_ rib _____ (a bad habit)

liver _____ nut (describes a horse's coat)

curry _____ (a grooming tool)

_____ sage (a specialized style of riding)

lime _____ (helps keep stalls dry)

_____ ham _____ (a metal mouthpiece)

__ oat (something that's done to horses's teeth)

CHA Videos



Check out these professional videos produced by CHA for the horse industry and the general public, which we have shared on our website on behalf of CHA.

CERTIFIED HORSEMANSHIP ASSOCIATION The purpose of CHA is to promote excellence in safety and education throughout the horse industry. CHA serves leaders, instructors and riding program directors for youth associations, clubs, riding stables, camps, colleges and recreational programs with instructor and trail guide certification. CHA also publishes industry standards for group riding programs, accredits riding program facilities and provides the most comprehensive variety of program resources for instructional and recreational riding programs. For more information access their website at www.cha-ahse.org ■

Along for the Ride

A group of equestrians were riding their horses cross-country. One horse was in front of two horses, one horse was behind two horses, and one horse was between two horses. How many horses were there? ■

ANSWER: There were three horses traveling in single file.

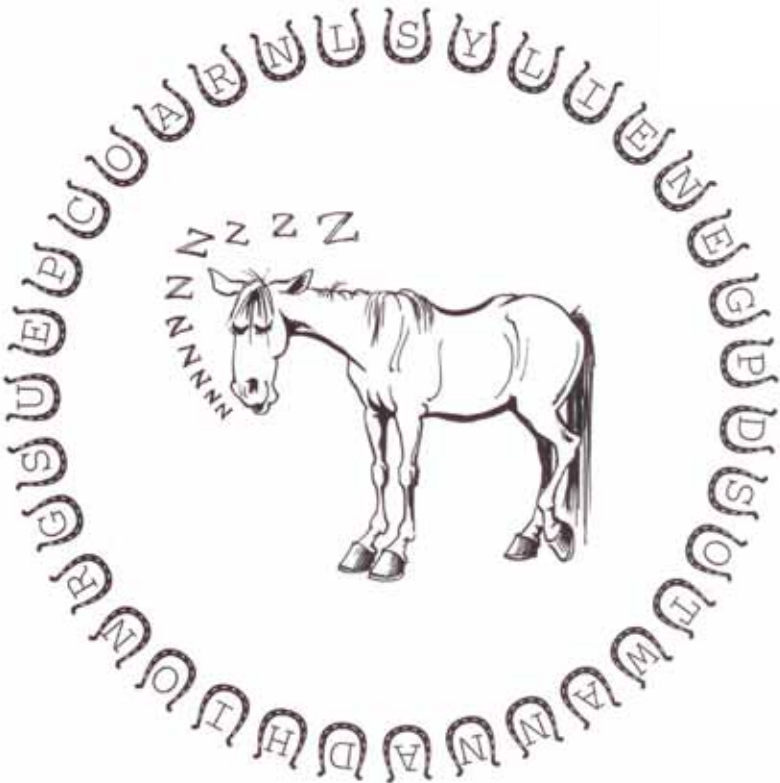
CAN YOU DO IT?

Circle Around

HOW TO PLAY: If you pick the right letter to start with and then go around the circle twice, stopping on every other letter, you will spell out an interesting fact about the way horses catch up on their sleep. ■

FACT: _____

_____ ■



[CONTINUED FROM PAGE 7]

loading, an old (haha probably my age now) trainer, farrier, wandering by said oh you have an abscess! Well luckily the words out of my big mouth were not, but on the tip of my tongue, everyone is an expert! Well he picked up the foot 2 swipes with his knife and the blood was poring, just then my vet walked up and said, Oh Ed I guess you have this one covered. From that day on I have been very careful not to shrug others suggestions, and weigh several options, before rushing blindly into situations. And certainly not be sarcastic when someone offers a suggestion!.

13 What is the best thing about working and playing with your Arabian horse?

Arabians are so smart and giving. They teach us so many things, from budgeting our time, and preparing for competitions, to sportsmanship, winning and loosing & Caring for an animal, Arabians open so many doors for lifelong friendships, and travel to unknown areas.

14 What would you say to a person considering buying a horse to encourage them to purchase an Arabian?

Arabians are different from other horses, they will give back the attention you give to them and they want to be your friend and companion. They have been breed for thousands of years to be different, and return your love. They build our confidence and help us to become better people.

15 What is your advice to someone, "brand new," considering becoming involved with horses?

Contact a reputable trainer, or coach to help you get started. There are numerous places to find these stables. AHA & EC Websites, local Stables or feed stores. Find one that feels right to you don't be afraid to ask questions. Visit several stables before you make a decision.

16 Is there a favorite reference book you'd like to share?

Probably the Pony Club manual, it has excellent information on many horse topics.

17 What is the one thing you'd like to do that you haven't done yet?

Wow Arabians have done so much for me, and I hope it continues for many more years!

18 What about 'kids' and an Arabian horse?

Arabians are excellent teachers, and are wonderful with children. My own kids grew up on them. They are intelligent and careful. And will not knowingly hurt someone, if there is an alternative. Some other breeds do not have this quality, and are more difficult and unwilling to be worked with.

19 Why do you think you get such a "rush" being around or riding your Arabian horse(s)?

Arabians are so exhilarating that sometimes we are just in AAH of them.

20 What are your words to live by?

Treat others like you would like to be treated! Never talk down to anyone! And always love your horses!

Is there anything else you'd like to add?

Arabians have shaped me into the person I am today, and I hope they remain in my life for many more years to come. Don't be afraid to get involved, and to get riding! ■

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16. I disagree with Kay Jewelers. I would bet on any given Friday or Saturday night more kisses begin with "Miller Lite" than "Kay".

17. I have a hard time deciphering the fine line between boredom and hunger.

18 How many times is it appropriate to say "What?" before you just nod and smile because you still didn't hear or understand a word they said?

19. I love the sense of camaraderie when an entire line of cars team up to prevent a jerk from cutting in at the front. Stay strong, brothers and sisters!

20. Shirts get dirty. Underwear gets dirty. Jeans? Jeans never get dirty; and you can wear them forever.

21. Even under ideal conditions people have trouble locating their car keys in a pocket; finding their cell phone; and Pinning the Tail on the Donkey ... but I'd bet everyone can find and push the snooze button from 3 feet away, in about 1.7 seconds, eyes closed, first time, every time.

22. The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974. That means it took only 100 years for men to realize that their brain is also important. ■

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